

Mask Information

1. WHY we should wear masks

- COVID-19 spreads from person to person through respiratory droplets when an infected person coughs, sneezes, talks or sings.
- These droplets can travel to the eyes, nose or mouth and infect another individual

2. HOW to wear masks



3. HOW to clean your mask

- Washing Machine
 - i. You can include your mask with your regular laundry
- Washing by Hand
 - i. Prepare a bleach solution-
 1. 4 tsp household bleach per quart of room temperature water
- How to dry
 - i. Use highest heat setting in the dryer
 - ii. Or Lay Flat to air dry