



MANHEIM TOWNSHIP MAT CLUB YOUTH, BEGINNERS & GIRLS CAMP

3 DAY CAMP MONDAY – WEDNESDAY JULY 26, 27 & 28

TIME: Session 1: 7th – 12th Grade (New Wrestlers - Boys & Girls) 8:00am – 10:00am
Session 2: 1st – 6th Grade (Boys & Girls) 10:30am – 12:30pm
Session 3: 1st – 6th Grade (Boys & Girls) 1:00pm – 3:00pm

Where: Manheim Township High School – North Gym

Cost: 1st – 6th Grade \$75.00
7th – 12th Grade \$50.00

Who: All Boys & Girls entering 1st – 6th Grades in August 2021,
All Boys & Girls Entering 7th – 12th Grades in August 2021 with NO WRESTLING EXPERIENCE

Register: Please fill out the application and medical release and mail to:
Manheim Township Mat Club
c/o Coach John Clark
1831 Palomino Rd.
Dover, PA 17315

Checks Payable to: Manheim Township Mat Club

Questions: Contact Coach Clark – mtwrestlingcoach@gmail.com

CAMP HIGHLIGHTS

- Daily instruction from Manheim Township Wrestling Coaching Staff and Varsity Wrestlers
- Instruction will focus on the basics of Wrestling in all 3 positions – Neutral, Top & Bottom
- Relaxed and fun week of learning wrestling for beginners or reinforcement for experienced wrestlers
- Each camper will receive a camp T-Shirt

All CDC /DOH/MTSD Covid-19 Guidelines as they exist in July 2021 will be followed

Name: _____

Address: _____

Grade (August 2021): _____ Date of Birth _____

Email Address: _____

T-Shirt Size: Circle one (Adult Size): S M L XL
(Youth Size): S M L

Medical Release Form:

I understand that the Manheim Township School District does not carry medical or accident insurance for campers and I hereby certify that _____ is covered by an insurance policy and that the Manheim Township School District nor the Manheim Township Wrestling camp employees will be held financially responsible for any injuries to the above named student. Further, I hereby authorize treatment to be referred to local physicians and medical facilities at my own expense.

Parent's Name: _____ Cell Phone # _____

Second Contact Phone # _____

Parent's Signature _____ Date: _____