

SUGGESTED FRESHMAN GUIDELINES

1. A freshman schedule must include between six and seven credits.

Core Courses (4 credits):

English (full year – 1 credit)
Social Studies (full year – 1 credit)
Science (full year – 1 credit)
Mathematics (full year – 1 credit)

Additional Recommended Course (1/2 credit):

Physical Education (semester – ½ credit)

Elective Courses (1 ½ - 2 ½ credits):

World Language (full year – 1 credit)
and/or
Basic Culinary Arts, Technology Electives,
Business Electives, Art Electives, Music Electives

2. English, Mathematics, Science, and Social Studies:

Your eighth grade teachers will be recommending your selection in these core areas based upon your performance at the middle school. If you have questions about their recommendation or would like to elect a different course you should talk with your teacher and school counselor.

3. World Languages:

Taking French 1, 2, Spanish 1, 2 or German 1, 2 is recommended for college preparatory students. Students with an aptitude for world languages should plan four or five years of one world language rather than two years of two world languages. Students are **not** required to take a world language to meet graduation requirements.

4. Electives and Alternates:

Wherever possible, the pursuit of electives is encouraged. You should also identify alternate elective choices in case your first choices are not available. Carefully read through the entire planning guide to identify courses that may interest you.

5. International Baccalaureate:

Students intending to apply to the International Baccalaureate (IB) program during their junior year should be electing honors courses and year two of their world language. See the International Baccalaureate section of this guide for more information.

6. Career and Technology Center (CTC):

The CTC programs are options for junior and senior students. The CTC provides students with practical training in a variety of careers that allow students to move into the workforce upon graduation. Additionally, most programs at the CTC include collegiate level course work that is transferred to colleges and universities if the student prefers that route over entering the workforce. Additional information about the CTC is available in this planning guide, on the course selection website, and at www.lcctc.org. Students planning to attend the CTC should consult with their counselor to ensure that they have chosen all the appropriate courses.

7. 4-Year Plan:

Consider writing out all the courses you think you'd like to take for the next four years. Many courses are only offered in alternate years and many programs have prerequisites that you will need to complete before taking other courses. By putting together a four year plan, it becomes more likely that you will be able to take all the courses you would like. This is also critical if you are considering attending the CTC or participating in the IB program during your Junior Year.